

## The Role of Education and Upbringing in the Spiritual Education of Youth in the Renewed Uzbekistan

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### Abstract

This article discusses the need for the people of our country, first of all, to strengthen in the hearts of young people a sense of belonging to the ongoing reforms, to further increase the effectiveness of spiritual and educational work in this area. The importance of the science of the foundations of spirituality in the development of youth spirituality is also analysed. In recent years, such important issues as the harmonious upbringing of the younger generation, the creation of all the necessary conditions for them to take an independent step in life, ensuring their rights and interests have become one of the priorities of state policy in the new Uzbekistan.

**Keywords:** education, upbringing, education system, education quality, culture, spirituality, action strategy, development strategy, social development, globalization, modern knowledge.

Today, the problem of educating young people is a common problem for almost all countries. Touching on the topic of educating youth, the President of the Republic of Uzbekistan Sh. Mirziyoyev said at the 72nd session of the UN General Assembly: "Today's youth is the largest generation in the history of mankind, since there are 2 billion of them. The future and well-being of our planet depends on the kind of people our children grow up to be. "The greatest danger to our spirituality is when the indifference and indifference of the majority of our people grows." Today, the issue of strengthening the spiritual foundations of the independence of our country, preserving our national values, traditions and customs, educating in the hearts and minds of our people, especially the younger generation, a sense of love and devotion to the Motherland is becoming increasingly relevant. "As we begin to create a new era of awakening of Uzbekistan, such a ray of spirituality should shine in the hearts and minds of every citizen and encourage us to do good deeds and live with a high sense of responsibility [1, 266-267]", the President's work says. Republic of Uzbekistan "Strategy of new Uzbekistan".

"I want to emphasize that if someone thinks that the issue of spirituality is only the work of the Center for Spirituality or the relevant ministries and departments, then this is a big mistake. All this is the most basic and important task of our state and society, of all our leaders, of the progressive intelligentsia, which is our mountain of trust, of all of us"[1, 280].

I am convinced that if we all deeply understand this fact and carry out our activities on this basis, then we will certainly successfully fulfill the tasks set before us in the spiritual and educational sphere. And these results serve as a solid foundation for our achievements in other areas, as well as for the development of our country and the well-being of the people.

The demand of the time is the need of the people of our country, first of all, to strengthen in the hearts of young people a sense of belonging to the ongoing transformations, to further increase the effectiveness of spiritual and educational work in this area.

At the same time, the issues of effectively combating internal and external threats and dangers in the field of spirituality, strengthening ideological immunity in society, and effectively coordinating the activities of state and public organizations in this area are becoming increasingly relevant.

In today's complex globalization, special attention is paid to the preservation and multiplication of spiritual threats to our people, especially to protecting the hearts and minds of the younger generation from the influence of various harmful ideas and ideologies. In this sense, just as every subject taught in higher education has a set of goals, so the subject "Fundamentals of Spirituality" has certain goals and objectives. In particular, the main goal of science is to educate people in society, to convey to students the rich spiritual and cultural heritage of our people, to form spiritual feelings and experiences in their minds. In the process of studying science, students learn about the independence of our country, the complex spiritual reforms carried out in our society over the years of independence, the restoration of the spiritual values of our people, the formation of a national idea, and positive changes in building a democratic civil society.

After all, the concept of spirituality is associated with the economic, political, scientific activities of man. A person armed with spirituality is able to build a harmoniously developed society. Directs people in a positive direction. To realize these noble intentions, I.A. Karimov said: "Now we face a very important new task that will determine our future. This task is to form the spirituality of a free civil society, in other words, to be free, to know your rights, to be ashamed of all forms of dependence, to live by your own strength and mind, to see your personal interests in harmony with the interests of the people, is to educate the people. From these thoughts it is clear that the President sees the inner world of a mature person, an independent, free person who knows how to distinguish his rights, live a decent life, it implies the activity of a person who mobilizes his strength and knowledge, who knows the interests of society and society in general terms with his own interests.

Consequently, in such individuals with high spiritual, harmonious, moral qualities, a positive feeling is improved, and kindness, compassion and kindness, respect, humility become serious qualities.

History has shown that the transition from one society to another has not been easy in any country. This process is especially noticeable during the transition from a totalitarian system based on a command-administrative system to a democratic society based on market relations. Because during this period, not only the way of life of people, but also their consciousness begins to change. Consequently, as the democratic process rose to a higher level, their outlook also began to change.

In this regard, it is worth noting that teaching the basics of spirituality is of great importance. The study of the subject "Fundamentals of Spirituality" is based on the theoretical and methodological foundations of other disciplines. Theoretical-methodology of sciences (the doctrine of methodology) is philosophy, more precisely dialectics. The theme of Foundations of Spirituality also analyzes its themes on the basis of this dialectical style and draws theoretical conclusions. When studying the subject "Fundamentals of Spirituality", students get acquainted with the spiritual qualities of a person and their content, the correct use of the great spiritual heritage, traditional culture and life of great scientists, commanders, statesmen and public figures.

The ancient spiritual heritage, national traditions and values of our people are diverse. Their study and preservation require taking into account the progress of science and technology in connection with modernity. It should be noted that the traditions and values of our people are also associated with universal human values. Everyone should be aware not only of their own understanding, but also of worldly spirituality. In order to better feel these aspects, first of all, everyone should be spiritual and enlightened, strive for this.

For this reason, the period itself requires the comprehensive teaching of the subject "Fundamentals of Spirituality" not only in the system of secondary and secondary specialized education, but also in higher education. Because the subject of "Fundamentals of Spirituality" is an independent science, like other social sciences and the humanities. It occupies a special place and status in all disciplines and is studied in close connection with the social, humanitarian and some other disciplines. By its very nature, it teaches about spiritual qualities, humanity and encourages people to draw the necessary conclusions about them. It encourages people to appreciate the way of life of our ancestors in the past, the material and spiritual heritage they created. It forms in the minds of people the principles of humanism, national pride, and patriotism. For example, consider the following technique, organized during the lesson to learn the essence of science:

A technological map on the subject "Fundamentals of Spirituality" and its role in society helps the teacher to imagine, understand the subject as a whole, illuminate the subject of science for a given period of time, and achieve the goals set. In particular, the creation of a technological map based on the needs and requirements of students supports their initiatives. This will increase the effectiveness of the lesson.

The use of new pedagogical technologies and modern methods in the educational process encourages them to independent, free thinking, research work, and a creative approach to each issue. It helps students feel responsible, use literature effectively, and most importantly, increase their interest in the lesson.

Therefore, from the first days of independence, the restoration of the invaluable spiritual and cultural heritage created by our ancestors, its in-depth study and, on this basis, the education of a harmonious, harmoniously developed personality, has been elevated to the rank of state policy. "At the current stage of development of New Uzbekistan, we are well aware of the importance of social, economic and political factors, as well as ongoing reforms in the spiritual and educational spheres. We all understand well that if the body of life of society is the economy, then its soul and spirit is spirituality. Building a new Uzbekistan, we rely on these two strong pillars: a strong economy based on market principles, and a strong spirituality based on the rich heritage of our ancestors, national and universal values. For us, spirituality is a combination of exemplary qualities, mutual aspirations, respect and attention between people, noble aspirations to build the future of the people and the state together.

In other words, spirituality is the basis that determines the content and quality of all political and social relations in society. The stronger this foundation, the stronger the people and the state.

Therefore, we need to create a new strategy for the system of spiritual education in our country and raise the spiritual and educational work of our people, especially among young people, to a new qualitative and meaningful level.

Today, in many parts of the world, human values are being eroded. Especially in the context of a pandemic, instability and aggression are increasing in some countries. In such a critical situation, as great thinkers say, the world will be saved by kindness, compassion, and philanthropy.

So, it is thanks to independence that our spiritual values, the heritage left by our ancestors, began to be restored in all their perfection, without being truncated, without being altered, that is, without being placed in violent stereotypes. "Historical memory plays a very important role in restoring the objective and true history of the people, the native land, the territory of our state, the restoration and growth of national self-consciousness, in other words, national pride". The system of social sciences and humanities plays an important role in the development of our national spirituality, its

integration into the life of our people, especially our youth. Unfortunately, at present, the development of these sciences, the process of updating and optimizing the scientific, practical and educational system to which they belong, is lagging behind.

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