

The Importance of National Customs and Traditions in Children's Education in Understanding National Identity

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Abstract: Since the day of independence, our country has done several things to restore its values and traditions. This article provides information about the importance of national customs and traditions in the upbringing of children.

Keywords: Customs, traditions, spiritual values, educational system, holiday elections.

After the independence of Uzbekistan, restoration of historical truth and justice, creation of the human factor became the demand of the time. In recent years, in a number of decisions and decrees adopted in the field of public education in our country, great attention was paid to the issue of raising a mature generation, and a new look at the spiritual masterpieces created by the blood and soul of our people over thousands of years began. As a result, the value of our national values increased and it was confirmed that they will be taken into consideration. In a word, the eyes of the springs of goodness, which were closed due to coercion and unconsciousness, were opened. Tasks such as applying and using the most advanced values of our people in school, family and work communities are becoming more and more important in educational work. These days, it is especially important to implement the values of patriotism, interethnic friendship, and environmental education in the educational process, and to educate the people of the current generation based on the pandnoms of the people, which are the basis of national pedagogy. No matter how many nations and peoples there are in the world, they all have their own way of life, traditions closely related to their past life and future.

Representatives of world pedagogy recognized that it is necessary to learn love and attention to children from Eastern peoples. This, in turn, creates the task of in-depth study of the centuries-old traditions of the peoples of the East. The interest in the issue is already known, for example, even before the revolution, the traditions, lifestyle, family rituals and many similar traditions of the peoples of Turkestan were reflected in the works of ethnographers of several other nations.

In-depth study of universal, family customs and traditions, their analysis, categorization, ways of their appearance, to know and determine their gradual development, to promote scientifically based ideas and to use traditions based on these life demands to recommend ways. It is inevitable that all of these will be of practical help in raising a future person.

From ancient times, even when there was no writing of the Uzbek people, the upbringing of the young generation was mainly carried out in the family. Taking into account the above points, our current course work is dedicated to highlighting one of such urgent problems.

Today, the use of non-traditional methods for instilling national pride has created wide opportunities. The productivity of the students' thinking and their independence develop when using the problem method of the developmental education teacher.

We devoted our research to determining the state of national education in kindergartens today, the level of understanding of national values of teachers and students, and the level of their attitude.

It is necessary to use all available opportunities to educate young people in the spirit of our national and spiritual values.

In the course of education, if we learn more about the methods of our great ancestors, their life and work, and their heroic deeds, it will increase the interest of the students in literature and the history of the Motherland, will form a sense of pride towards their great ancestors, and give them the respect they deserve. educates the feeling of being.

Because in the spiritual heritage left by our wise scholars, there are wonderful views and instructive lessons that are necessary for all times, and they have not lost their importance for our development today.

Going through the process of education and training in the past, applying its positive aspects to today's education and training system, and drawing conclusions from its negative aspects have an effective effect on national education.

It is expedient to implement the following in the formation of national education in pupils.

- Wide use of universal, national spiritual values due to the independence of Uzbekistan.
- the use of national traditions of the Uzbek people in the formation of national education for children;
- to study the life of our ancestors, who are our national heroes, to form a feeling of dying worthy of them;
- attach special importance to the improvement of propaganda activities aimed at the formation of national pride;
- Pedagogical principles that determine the content, work forms and methods of forming national education in children, that is, the connection of education with life and work, team education and work based on the team;
- coordination of kindergarten, family and community cooperation activities in the formation of national education for children during training;
- regularly improving the formation of national education in children;
- paying special attention to humanitarian education, which is considered the basis of moral values, at all stages of the preschool and public education system;

In order for the above-mentioned recommendations to be effective, it is appropriate to include specific guidelines on the formation of national education in the content of the programs of secondary schools.

As forms and means of instilling national pride in children of pre-school educational institutions, mother's role model, father's example, and in a certain consistency in the family in kindergarten, at school, in the process of education and upbringing with the help of mass media and humanities are the most important. gives high results.

In fact, traditions, customs, ceremonies and holidays are an integral part of the values of the spirituality of the people and the nation. Thanks to the efforts of our leader I.A. Karimov, great care is

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being taken to improve the morale of the society, restore our national heritage, and ensure their longevity. It is necessary to pay special attention to the positive and meritorious works, as well as the content of ceremonies. This plays an important role in educating the future youth of our country to become morally mature through the means of our national values.

As our first president I.A. Karimov said in the book "Uzbekistan on the threshold of the 21st century: imitation of security, conditions of stability and guarantees of development", "the restoration of human spirituality, high morality and culture, beautiful national traditions layers have been revealed. The most important thing is that the thinking and worldview of a person and a citizen is changing, his political and social consciousness, its general level is constantly growing." Of course, in this place, the educational influence of folk traditions, ceremonies, paintings, customs, and traditions related to them is extremely great.

Our people show their happiness and sadness through various ceremonies, paintings and rituals. In particular, the wedding ceremonies and mourning ceremonies held by our people, as well as the various traditions and customs associated with them, are proof of our opinion.

Uzbeks have been a nation rich in wedding types since ancient times. Circumcision wedding, Marriage wedding, Hair wedding, Tooth wedding, Cradle wedding, First step wedding, Blessing wedding, Fifty, Sixty-three and over weddings, widely celebrates Ramadan and Eid al-Adha.

Although the wedding is a family holiday, it is shared with all relatives - clan, neighborhood - kuy, friends - brothers. It serves to educate people in qualities such as honesty, harmony, kindness, kindness, generosity, faith, hospitality, humanity, and friendship.

Wedding ceremonies of the Uzbek people are very beautiful, colorful in content, weddings held in each region have unique characteristics, pictures and styles. This shows how rich our people's spirituality, humanitarianism, love for beautiful life, hospitality, and tendency to cheerfulness are. In the olden days, weddings and parties were played with laughter, poetry, wrestling, kopkari, and rock climbing. Competitions of Bakhshis gave weddings an elegant and gentle mood. With this method, wedding ceremonies were held in an interesting, meaningful, fun, and joyful manner. At the same time, the national values of the people were promoted, polished, and passed on from generation to generation. In this regard, the spiritual culture of the people and the young generation has been shaped.

Rituals related to burying the dead and commemorating them are considered to be rituals and traditions that have been forming since ancient times. Of course, this is the national values of providing spiritual support and encouragement to a person who is separated from a loved one, remembering and commemorating the deceased generation and ancestors.

These rituals came to us from our ancestors as a spiritual heritage, and they have not lost their educational significance to this day. We need to do our part in passing on these values to the next generations.

Values are ideas and concepts that have passed the tests of history, fully meet our national interests, today's and tomorrow's dreams and aspirations, development requirements, and increase in value over the years.

Tradition is a social phenomenon that has found its place in the minds and lives of people, it is a repeated order and rules that are passed from generation to generation.

Tradition is a behavior that is embedded in people's everyday life, repeated for a certain period of time, skills and rules of behavior accepted by the majority. For example, children greeting adults, honoring guests with special respect, etc.

Rituals are often part of traditions and customs, and are vital events aimed at celebrating important events in a person's life.

A component of a tradition is a custom, an important part of a custom is a ritual. If a custom can be found in everyday life, a ritual is created when important events in a person's life occur. When it is customary for young professionals to graduate and get a job, traditional events dedicated to this turn into a ritual. The use of pedagogical possibilities of national values, traditions, customs and traditions in the education of a perfect personality leads to effective results. For example, in our nation, greeting and asking about how everyone is doing shows the level of intelligence, manners, intelligence, and culture of each person. There are a number of hadiths, teachings, and pandnoms regarding the education of salutation. For example, it is customary for a person on horseback to greet a pedestrian, a minority to the majority, an outsider to the insider, and a younger person to an older person. Greeting, which is the basis of communication, is reflected in all genres of folk art.

"If it wasn't for your greetings, I would have won twice" - the evil forces helped the heroes of fairy tales and epics, and those who arrogantly forgot to greet were punished.

In the proverb "They know your manners from your greeting" it is stated that greeting is a reflection of a person's character and manners.

In the "Alpomish" saga, Chiltons give Alpomish the following advice:

My God gave man a word, Don't do anything stupid, Good and bad are known from this, Do not pass in front of anyone.

We can see the superiority of the feeling of loving and honoring a person, which is unique to our people, through the manners and customs of greeting and asking about one's well-being.

In fact, the folk tradition is extremely rich in vital and popular customs, traditions, customs and traditions that the family, first of all, the parents, should follow from the birth of the child. A child's first hair and nails, teething, chicken pox, saying the first word, learning to sit, taking the first step, starting to wear clothes, the first acquaintance with the world of plants and animals, handing over to the tutor, many moral education, customs, customs and rituals related to the first step to school are among them. Nowruz holiday has not lost its magic and freshness until now, but has become a holiday that our people look forward to, and many of our traditions related to the holiday have been revived.

—... The philosophy of Navruz, which is a symbol of renewal and goodness, has been nourished by the high qualities of our people, such as humanity, kindness, kindness, and diligence. is another confirmation of what he found.

Therefore, the celebration of Nowruz holiday, the traditions and customs associated with it are of great importance in the education of young people. After all, this holiday reflects not only the power and generosity of nature, but also the high characteristics of our people.

On the autumn equinox, our people celebrated the —Mehrjonl holiday as the end of harvesting and the beginning of preparations for winter. Nowadays, this holiday is celebrated again.

The "Water Flood" - "Angom" holiday, celebrated in summer, was formed based on the natural need for water in the climate of Central Asia. The significance of this holiday was great in educating the qualities of appreciating water, not wasting it, and respecting it. Since the end of the summer months, grape harvests, melon harvests, pomegranate, fig harvests, various nature and labor holidays have been celebrated.

"Sada" holiday was celebrated as the day of the discovery of fire in ancient times. After the introduction of Islam, this holiday disappeared, but some of its elements have survived to this day. For example, in some regions there is still a tradition of circling the bride around the fire.

Among the many ceremonies related to agriculture, "Shokhmoy" was celebrated with special joy and solemnity. The rituals associated with this holiday encouraged people to be united, kind and hardworking.

In these traditions and ceremonies, the elderly were honored, and our people learned to look to the future with hope and confidence.

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