

A Strong Family Relationship – A Strong Future

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Annotation: Reforms in Uzbekistan in the field of family strengthening and education are expanding more than ever. In this article, the author argues that the expected result will be positive if parents work together with educational institutions to pay more attention to the issue of education in the family.

Keywords: Family, parents, strengthening, upbringing, harmonious person.

At the heart of the comprehensive support of the family, which is the backbone of our society, glorious goals are targeted based on educating young people in the spirit of love for the Motherland and respect for our national traditions, the establishment of a healthy lifestyle in society.

In this regard, we need to answer the question of what to do to achieve family stability, especially in society.

It is no exaggeration to say that one of the greatest discoveries in the life of human, who is the favorite of the universal, is family life. It is impossible to imagine human life and society without a family. The family, which is one of the great units of nature, is full of mysteries. Strengthening and preserving the family is as important as life itself. One of the things that strengthens a family is love, mutual respect and loyalty. The love of a couple in the family, the quality of devotion between them is great, the prophecy abounds.

To study the traditions of the Uzbek people in the field of child rearing and changes in the process of family upbringing in the performance of such important tasks as "Strengthening families, increasing family responsibility for raising children, strengthening family values, the role of the family in maintaining peace and stability in society"¹ is important.

When a child is born, he sees his parents. He begins his first conversation with his parents. For this, the psychological environment in the family, mutual respect among family members have a great impact on the upbringing of the child. If a human being becomes accustomed to good and bad habits from an early age, this custom will not leave him for a lifetime. Our wise people have a number of exemplary wisdoms in this regard. For example: "What enters with blood that leaves with soul," "What starts in the blanket of cradle that goes away in cloth of grave", "See the mother of the girl before getting married", "the bird imitates what it sees in the nest", "The pain goes away, the habit remains".

The place of our country in the world, its economic and intellectual potential, its contribution to the development of science and culture are determined by the living standards of our people. The main basis of living standards is the family.

Society is interested in being a spiritually and morally healthy, strong family. Therefore, strengthening the family, raising children, as well as improving their living conditions, is considered at the level of state importance.

"The family is the basic unit of society and has the right to protection by society and the state," the Constitution of the Republic of Uzbekistan stipulates (1, 21).

A spiritually rich, morally mature, intellectually developed, deeply educated, physically strong, well-rounded person is formed first of all in a family with a healthy lifestyle.

The family will have the spiritual roots of the Uzbek people, which have been strengthened for thousands of years. The Uzbek people are one of the ancient peoples with a rich culture. The value of the spiritual treasures in its bosom is not less than the beautiful nature of this country, its fertile soil, underground and surface resources. A healthy child is born and grows up from a healthy family and a healthy parent. After the birth of a child, a mullah is called and recited the azan, a tradition inherited from our ancestors. With this, his name is first imprinted on his ear. It is both a duty and an obligation for parents to give their children appropriate names. Giving the right name is one of their first important responsibilities to their children. You have also heard many times that a child should be shown the right way in life and let them get married by their parents support. That is why our people have a saying: "It is easy to be a father - fatherhood is difficult." The work done on the advice of the fathers is mature and solid. Fathers are glorified not for their "fatherhood," but for raising a perfect child. The sacred duty of the family is to give birth to a child. But the family is not limited to this, and the upbringing of children is also included. The moral formation of a person in the family begins with the birth of a child. It is composed under the influence of many factors. These factors constitute the content of the child's spiritual and moral upbringing in the family, and they include a number of pedagogical features. It consists of the following:

1. In some families, the upbringing of children is the sole responsibility of the mother. The father, on the other hand, avoids this work, as if it is on the shoulder of kindergarten and school.
2. Historical experience shows that from ancient times men were involved in the upbringing of boys and mothers in the upbringing of girls. But they were mostly under male control.
3. If parents are kind and treat their children equally, children's lives will be beautiful and perfect. When one parent demands and the other supports, the child's upbringing is disrupted. Parents who are overly kind to their children need to be taught to respect their parents and themselves as well.
4. Many parents do not fully realize their responsibilities and duties in the process of raising children. In other words, they lack pedagogical training. After all, family upbringing means, first of all, parental upbringing.
5. It is necessary to organize family life properly, to create a healthy moral environment in the family. In this case, no case should be called a trivial matter. Everything affects the child. As a result of this influence, negative or positive habits, different behaviors appear.
6. Every parent wants their child to be a perfect human being. It is not only they who are interested in their child becoming such a person, but also the society. The civic duty of a parent also requires it. Accordingly, every parent should not forget that they are first and foremost raising a future citizen for the country.
7. The parents' identity plays an important role in the upbringing of the child. None of their wise teachings can replace their personal example. Mutual harmony, honesty and truthfulness, mutual trust, and a generally healthy moral environment are important in shaping the moral qualities of children.
8. It is necessary to love children in the family, respect their personality and never underestimate them. Different methods of punishment increase children's hatred. It is advisable that any care is taken carefully.

9. Every family has its own traditions. These traditions have a great impact on the mind and behavior of the child. For example: celebrating the birthdays of family members, visiting relatives and so on.
10. In the upbringing of children, parents' work place, their reputation in the neighborhood, neighbors play an important role and instill a sense of pride in children and they are brought up in this spirit.

Abdullah Avloni explains upbringing as follows: "Education", "Pedagogy" means the science of child upbringing. To bring up a child well for his health and happiness, to keep his body clean, to correct his profession from an early age, to teach good manners, keeping them away from bad manners"

According to him, upbringing begins on the day a child is born and lasts until the end of his life. Upbringing consists of two stages - family and school upbringing. Proper family upbringing is a great help for the school, and if the family does not have proper upbringing, it will make the school's educational work more difficult.

It is impossible to put a good upbringing of a child in the family without taking the factors of influencing the specific features into account. To do this, first of all, parents and educators themselves must be educated.

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